



ANNUAL REPORT
— 2023

MORE THAN MEDICINE.
IT'S PERSONAL.

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More than Medicine. It's Personal.

At Sinai Chicago, we are dedicated to advancing health equity and eliminating health disparities across our city. That's what drives us every day, and that's why we have been here, on our city's West and Southwest sides, providing healthcare for more than 100 years.

Every patient and family member we serve deserves the best healthcare and support they can receive to live the healthiest, most vibrant lives possible. Most of Sinai Chicago's patients rely on Medicaid, Medicare, or charity care for their healthcare—and we do not turn away any patient due to inability to pay.

We can only do this because of generous supporters and partners like you, who believe in our work and our mission of improving the lives of the people on Chicago's West and Southwest sides. Partners like you help Sinai Chicago provide the personalized, high-quality healthcare our patients deserve with dignity and respect, while honoring their culture, language and traditions. We thank our patients every day for choosing Sinai, and we thank YOU for being part of our community.





More than Medicine. It's Health Equity.

Dr. Ngozi Ezike

If you know Sinai Chicago, you know that we believe in health equity for all. As Illinois' largest private safety net healthcare system and an anchor for Chicago's West and Southwest sides, we are passionate about advancing health equity and ensuring every patient who walks through our doors receives the highest quality healthcare while being treated with dignity and respect. Caring for our patients and communities is more than a job for us. It's our mission—one that is real, precious and personal to us.

I have been President and CEO of Sinai Chicago for over a year and a half now. In my time here, I have been deeply moved and inspired by our dedicated caregivers and our shared commitment to providing high-quality healthcare for every person who walks through our doors. Last year, the Lown Institute recognized Sinai Chicago as one of the country's top 10 healthcare systems for the percentage of our budget allocated to charity care and community benefit. Indeed, last year alone, we provided nearly \$50 million in uncompensated charity care for patients who were uninsured or otherwise unable to cover the cost of care. We stretch every dollar to make a profound difference for our patients, their families, and our communities.

2023 was a significant year for Sinai Chicago. Our four hospitals, 14 outpatient clinics, and two institutes collectively served over 100,000 patients and families living across Chicago's West and Southwest sides. Most of our patients would not be able to afford care without the Medicaid, Medicare,

or uncompensated charity care covered by Sinai. We operate on much leaner margins than most healthcare systems. We have to be resourceful and resilient, but there is so much more to do for our patients because we cannot be content with the status quo. Every patient deserves the best.

This past year, Sinai Chicago made bold investments in the future of our healthcare system so that we can ensure that every Sinai patient or caregiver has access to the same powerful digital tools as anyone else in Chicago. In September 2023, Sinai made the single most transformational investment in our healthcare technology and digital infrastructure in decades by adopting a new "best-in-class" electronic medical record, Epic.

In doing so, Sinai Chicago is putting powerful new healthcare data and analytics tools in the hands of our medical providers to help them make even better, more informed recommendations for our patients. We're also equipping our patients with new options to manage their healthcare and communicate directly with their providers through the MyChart app.

We've also invested in new state-of-the-art robotics equipment for minimally invasive surgery and new imaging equipment to help our physicians better detect and treat heart attacks and cancer. We are expanding our nationally recognized community health worker programs, led by our community health innovation experts at Sinai Urban Health Institute. Outside our campuses, we sold out our

first ever Sinai Chicago Golf Outing, celebrated Sinai Community Institute's 30th anniversary with a knockout gala, and launched innovative partnerships with other healthcare providers and community organizations to better serve and support our patients.

In this year's annual report, you will read just a few stories from people whose lives have been changed—and even saved—because of Sinai Chicago. You will learn about:

- A young man who survived a life-threatening gunshot injury and is now healing from deep physical wounds while building trust and confidence;
- A woman who received compassionate and respectful mental healthcare in a crisis;
- A man who found his calling and passion in population health services;
- A young woman on her journey to medical school whose purpose was first ignited in one of Sinai's youth programs.

There are countless more stories like these, and I am deeply moved every day by what we accomplish together. These stories do not happen without partners and supporters like you. We believe in the hope of a Chicago that is healthier, safer, and more equitable. We can do so much more, and with your continued support, we will make it happen. Thank you for being part of our Sinai Chicago family.





More than Medicine. It's Trust.

MSH Center For Advanced Wound Healing

"As you can imagine, this patient was filled with a bit of anxiety and fear of the unknown. He had a lot of emotions to work through, including trust."

Life changed in an instant for John* - a 23-year-old man who arrived at Mount Sinai Hospital with multiple gunshot wounds to his chest.

Our dedicated and expert teams saved his life. They initiated a series of surgeries, with extensive inpatient care and follow-up, to help John recover from his profound chest injury.

Our medical teams are experts at treating significant traumas like John's. But at Sinai Chicago, our work is more than medicine alone—it's also personal. For such a young man and his family, this was an incredibly frightening and traumatic experience. This meant that our caregivers needed to go the extra mile to gain John's trust—to make sure he knew that we would be with him through every step of his recovery. They worked hard to develop a good relationship with John and his family. They took the time to explain his prognosis and prospects for recovery and to walk him through his care journey. This foundation of trust helped make continuity of care less stressful and allowed space for both physical and emotional healing.

When John was ready to leave intensive care, our trauma team introduced him to Sinai Chicago's

Center for Advanced Wound Healing. This Center provides comprehensive, state-of-the-art treatment, education, and treatment plans to help patients recover from a wide range of wounds. They play a critical role in the healing process, especially for patients overcoming significant trauma wounds that require multiple surgeries and prolonged recovery time.

Before his first wound clinic visit, John was pretty anxious and agitated, as the recovery process can be challenging, and it can be unsettling to transition to a new treatment team. With a warm introduction from his trauma physician and the encouragement and consistent support of our Center staff, over time, John gained confidence in his healing process. He now comes to the Center three times a week for advanced wound treatments, nutritional education, support, and guidance in healing. His wound has made great progress, and he recently underwent surgery to close it completely. John has been diligent in his recovery.

He is excited to return to the Center one day soon and ring the bell they keep on hand—signifying he has healed.

This is patient-centered care at its finest. This is Sinai Chicago.

** Name changed to protect privacy*





More than Medicine. It's Dignity.

Holy Cross Hospital | ANGIE

"I was in a very deep depression with a lot of negative thoughts... Everyone I encountered [at Holy Cross Hospital] was so, so positive and helpful."

Angie said that her health was always fragile, and she has always had various medical issues. But in the last ten years, her health had gotten worse. She developed a spinal condition that caused debilitating pain and limited her mobility—and now, it would require risky surgery.

Because of her significant medical challenges coupled with the pressures of owning a construction business and running a household, Angie's frequent bouts of incapacitating illness made her feel like she wasn't pulling her weight for her family. She began experiencing depression. Angie started noticing that she had harmful thoughts, including the thought that it might be better for her family if she wasn't there. "I felt guilty for what I was putting my family through," she said.

One day, Angie attempted to end the pain. Her parents found her unconscious and called an ambulance. She arrived at Holy Cross Hospital. After an emergency procedure to remove the toxins she had ingested, Angie was admitted to the medical unit for a week of stabilization before transferring to Holy Cross Hospital's psychiatric unit.

Mental health challenges are incredibly common. In fact, the National Alliance on Mental Illness estimates that 1 in 5 Illinoisans experience mental illness every year, but only half of those receive treatment. That is why Sinai Chicago's Holy Cross Hospital is working to close the gap in mental health services for at-risk and vulnerable patients on Chicago's Southwest side. Holy Cross offers a

continuum of psychiatric and behavioral health care, from inpatient and outpatient services to medication support, trauma care, crisis stabilization, and substance abuse support. We do this specifically to support people like Angie.

"The nurses at Holy Cross were so positive and helpful," Angie said. "They went above and beyond and let me know [that I] have so many reasons to live. They would sit with me and talk with me. Everyone I encountered was so, so positive and helpful." Angie was grateful for her treatment and equally thankful to be cared for with dignity and respect at such a vulnerable time.

Following her encounter with Holy Cross's medical and psychiatric teams and continued intensive one-on-one counseling, Angie is now in a much more positive state. "If I had been somewhere else, I don't think I would have been treated that way. I would have been just another person. Not really seen. At Holy Cross, I felt that special connection. I felt protected there."

For a long time, the stigma surrounding mental health has kept many from sharing their struggles. Initially, Angie was also a bit wary of sharing her own challenges with mental health. Still, she wants to share her story to help others in the community who might be going through the same thing—especially Latinas like her. She feels that many people struggle to keep up appearances and show that everything is under control, even when it isn't. Fortunately, there are places like Sinai Chicago where anyone who needs mental health care can receive the support and respect they need and deserve.





More than Medicine. It's Our Healthcare Workforce.

Sinai Urban Health Institute | ISMAEL

"Everything we do is connected with health. Our relationship with our families, our job—everything."

Ismael has always been passionate about making a difference for his Southwest side community. He knew his neighborhood needed jobs, economic investment, environmental justice, fair housing, and more. Ismael became involved in community organizing and housing advocacy, but over time, these paths didn't quite feel like a fit for his particular skills, and he knew he could have a more meaningful impact on the people around him if he found employment that better matched his aptitude and capabilities.

Sinai Urban Health Institute's (SUHI) Population Health Career Pathways program provided Ismael with a path to discover the best way to harness his passion and see more opportunities for himself. As Sinai Chicago's nationally renowned community-driven research center, SUHI is dedicated to understanding and addressing health inequities in Chicago's most socially and economically challenged communities. One of the ways SUHI does this is by researching, developing, and advancing workforce development programs and models for community health workers and population health professionals, both of which are growing career opportunities and increasingly in demand by providers like Sinai.

Through the Sinai Population Health Career Pathways Program, we are invested in building a more equitable and inclusive healthcare workforce focused on population health services and providing opportunities for Latinx and other under-represented health industry career aspirants. With guidance from top specialists, participants explore issues often not covered in traditional

curricula, presented through a health equity lens and with a community perspective.

Before being introduced to the program, Ismael hadn't thought much about healthcare as a career, but he was intrigued enough to try it. Ismael enrolled in the health education track and experienced what he called an "eye-opener." He saw that health was connected to many of the issues for which he advocated. Ismael was captivated by "inspiring and educational courses" that demonstrated how Black and Brown communities on Chicago's South and West sides suffer health disparities that result in shorter lifespans than those in wealthier zip codes. And how so many social, financial, and environmental factors influence health, from employment to housing security.

Ismael also saw that, by pursuing a career within the healthcare space, he could expand his opportunities while still pursuing his passion for equity without requiring a medical or nursing degree. With his training through the Pathways Program, he was better equipped and supported to explore options.

Thanks to Sinai Chicago, Ismael expanded his professional capacity in population health. He found a career focused on mental health after the Pathways Program and has continued volunteering as a board member for tenants' rights. He saw his pathway forward and is now better able to help. This is just one of the reasons why SUHI's work is so important and why Sinai Chicago is committed to investing in the future of our healthcare workforce, especially in the communities we serve.





More than Medicine. It's Our Future.

Sinai Community Institute (SCI) | N'DIA

"Everyone doesn't have the same opportunities. Everyone doesn't have the same love and support... So, [this program] just allowed them space outside of the academics to be a kid. Because at the end of the day...they still are children."

N'Dia smiles broadly before returning to college, her schedule tight, her future on track. She is studying pre-med and plans to become a neurologist. A West Side native and longtime youth leader, N'Dia was first inspired to pursue medicine in part because of her experiences with Sinai Community Institute (SCI).

SCI is a 30-year-old community-based social service organization that annually supports more than 14,000 families living in Sinai Chicago's communities. SCI works to advance the health and wellness of our communities through a holistic, preventive approach, supporting multiple generations and entire families to grow, develop, and thrive through prenatal and parent education programs, early childhood services, youth workforce development, senior services, and food and nutrition programs, among many others.

For N'Dia and her brothers, SCI was their surrogate community during after-school hours. The siblings grew up in SCI's Learn Together After-School program. It was where a kid was free to be a kid while receiving supervised homework help, life skills and team-building lessons, and fun activities. Some areas in Sinai's west side communities can be fraught with community violence and dangers that are perilous for youth and adolescents. But thanks to SCI, working parents living near Mount Sinai Hospital have a safe place for their children during out-of-school times, including summer enrichment programs—provided by talented and trained after-school counselors.

N'Dia thrived in the program, which gave her additional support and exposure to new opportunities that would inspire her for years to come. After she grew out of the after-school program, she continued to remember its impact on her life. She became a mentor to carry its mission forward and is determined to give other children the same nurturing foundation that propelled her to achieve. "We've taken children on field trips and allowed them to see things that they've never seen before and wish they could see again...and they have," N'Dia said. She remains continually inspired by what she experienced as a program participant and mentor.

This past year, N'Dia has been honored as the embodiment of Sinai Community Institute's 30-year mission to promote well-being in the communities we serve by investing in our community, families, and, perhaps most profoundly—our children. We are excited to see where she continues to go from here.





Honor Roll

Sinai's mission matters to Chicago. It seems simple – *to improve the health of the individuals and communities we serve* – yet, the means to achieving our mission are complex for neighborhoods that have been historically and systemically underserved. For Chicago's premier safety-net health care system, we rely on the help of committed supporters, partners, and collaborators. Each year, this list reflects the generosity of individuals, foundations, corporations, and government agencies who understand our mission and are passionately committed to its success. You help us to mitigate health disparities, close the service gaps on the South and West sides, attract highly-qualified caregivers, develop innovative projects and programs, and acquire the latest technology. You make Sinai Chicago a healthcare system whose passion is reflected in every patient and client who returns to the community – healthy, restored and able to carry on.

Thank you.

This honor roll of giving recognizes individuals, families, corporations, foundations, in-kind and organizational donors who have helped further the mission of Sinai with a gift that was received between July 1, 2022 and June 30, 2023. We have made every attempt to capture all donations received during this period. Please contact us at sinai.development@sinai.org if updates are needed.



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In honor of Dr. Ngozi Ezike

- Bola Akinlade
- Dina Barsotti
- Ariel Christian
- Katherine Cunha
- Judy and Kurt Evans
- Kene Ezike
- BethAnn Fitzgerald
- Bernard Fulton
- Raj and Nina Goyal
- Hart and Black Family Fund
- Gina Hatchett
- Dr. Kalisha Hill
- Helen Kaminski
- Daniel and Kamla Koch
- Pastor Hal Kooistra
- Sandye and Wayne Lerner
- Michael Reese Health Trust
- The Monahan Family
- Multilatino Marketing Agency Inc
- Comfort Ogbunamiri
- Joy Ogbunamiri
- Uchenna and Kelechi Ogbunamiri
- Dr. Chiebonam Oguejiofor
- Winifred Oniah
- Robert Rimmer

- Andrea Robbins
- The Russell-Jones Family
- Dr. Keith and Jennifer St. Amand
- Janet Tarver
- Milena Tous
- Joan Vander Linde

In honor of Simon Garrett

- Steve Fenton

In honor of Gary Krugel

- Anonymous

In honor of Robert Markin

- Amy and Marcus Nunes

In honor of Carl and Pat Marusarz

- Rachael Marusarz

In honor of Carol Mitchel

- Alex Portin

In honor of Marcy Paddock

- Bradley Fedosoff

In honor of My Colleagues

- Anonymous

In honor of Sophia Palmer

- Kerry Hasbrook

In honor of Aneta Pogoda

- Vivo Foundation

In honor of Roberta Rakove

- Dennis Ryan

In honor of Daniel Regan

- Holly Bartecki

In honor of Theo Schiller

- Jane Walker-Clark

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(As of June 30, 2023)

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Alejandra Garza

Vice Chair

Kenneth Avner

Treasurer

Anne Cohn Donnelly

Secretary

Ex-Officio

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- Harold L. Sherman
- Bruce Stickler
- Klaus Wisiol*
- William Singer

*deceased

Mount Sinai Hospital Endowment Foundation Board

The Mount Sinai Hospital Endowment Foundation was created in partnership with the Jewish Federation of Metropolitan Chicago's Agency Endowment Program, which was established to ensure that Sinai and our sister agencies have the necessary resources to meet community needs. All endowment commitments are recognized as gifts to the Jewish Federation's Centennial Campaign.

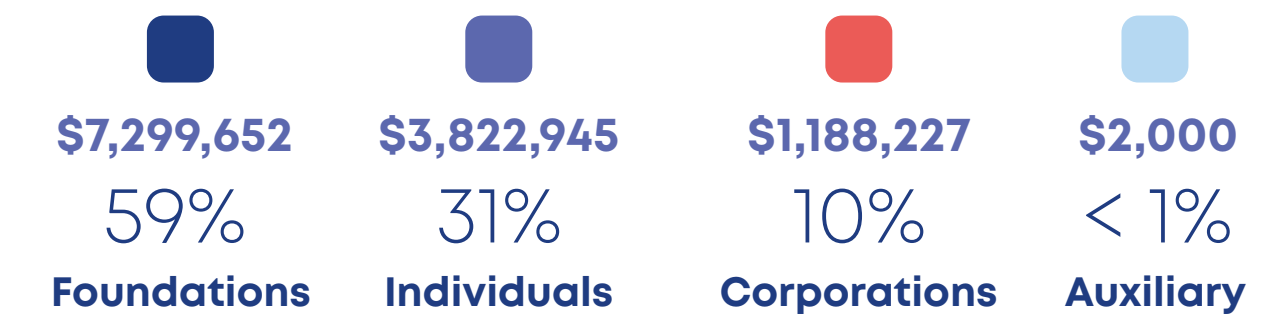
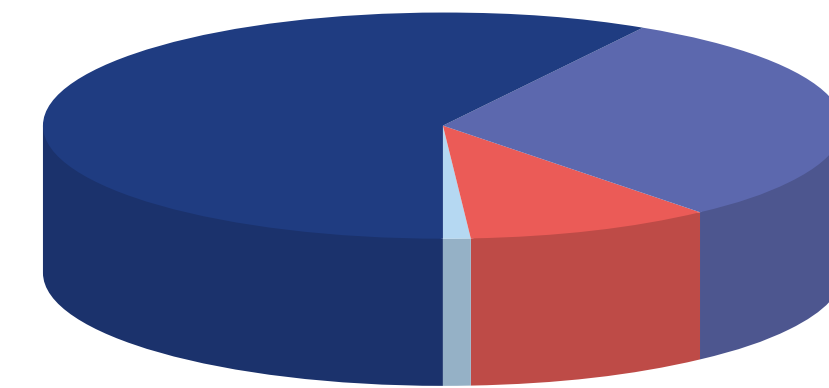
- Ken Avner
- Paul Cherner
- Mike Hayes
- Lee Miller
- Linda Ginsburg
- Theodore Perlman
- Marc Slutsky





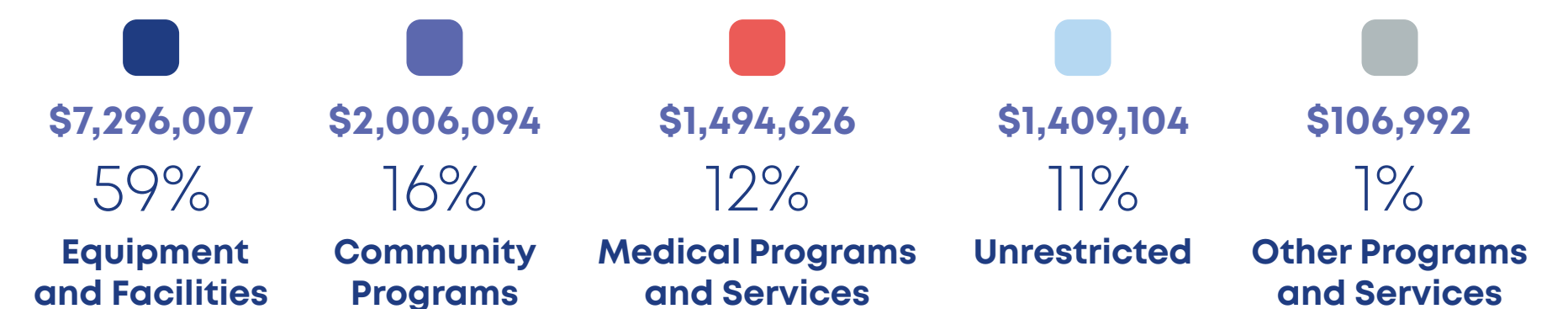
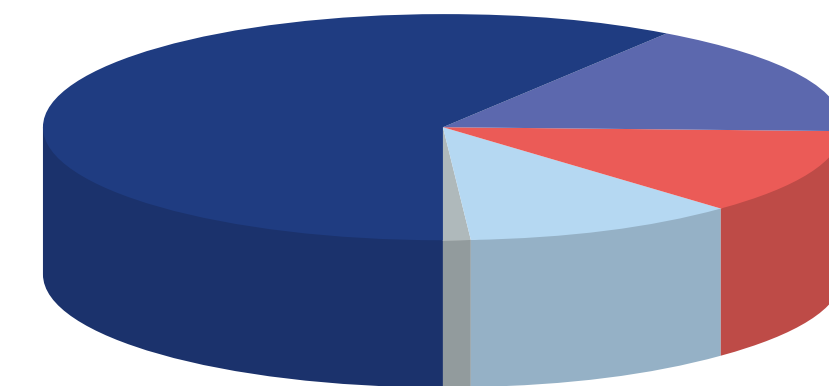
Philanthropic Revenue FY2023

Total **\$12,312,824**

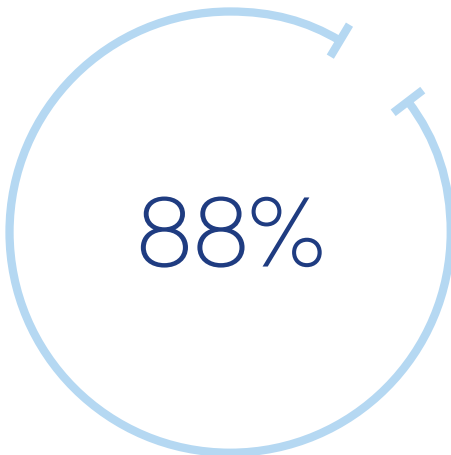


How Philanthropic Dollars Were Spent FY2023

Total **\$12,312,824**



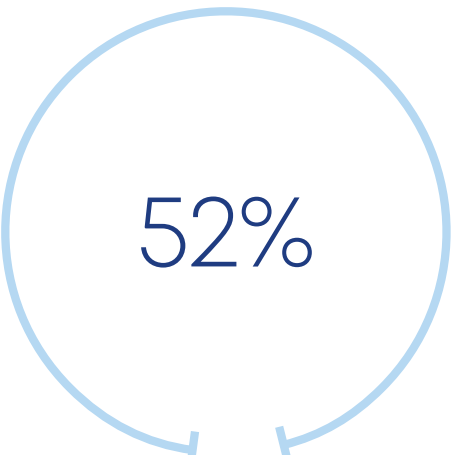
Sinai Chicago Statistics for FY2023



of Sinai's patients use Medicaid, Medicare, or are uninsured



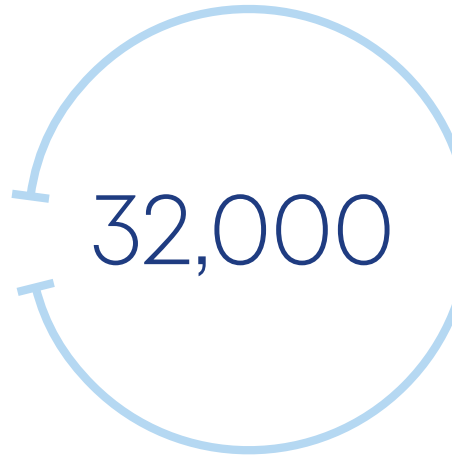
in uncompensated charity care



of Sinai's leadership are people of color



employees



inpatient visits



unique visits



operating budget



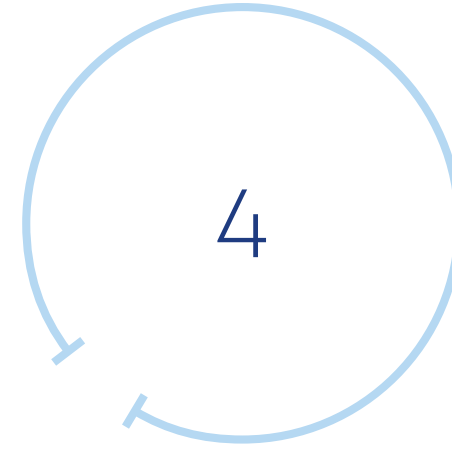
babies delivered



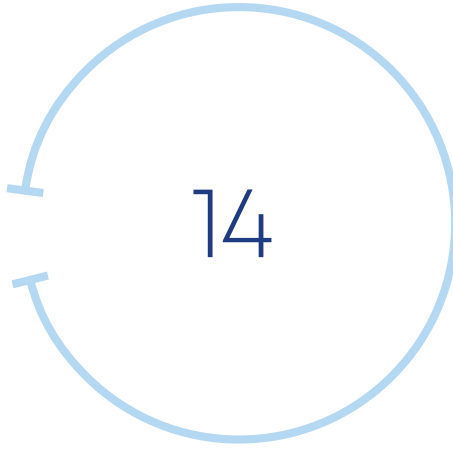
behavioral health visits



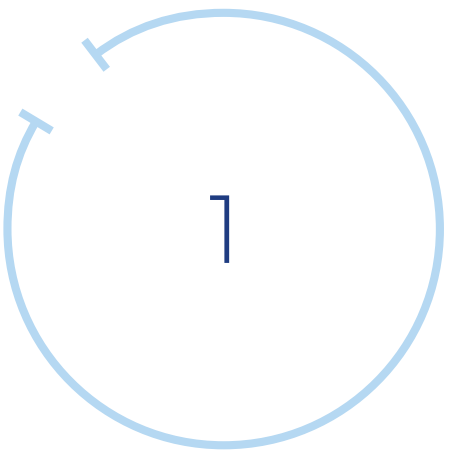
emergency room visits



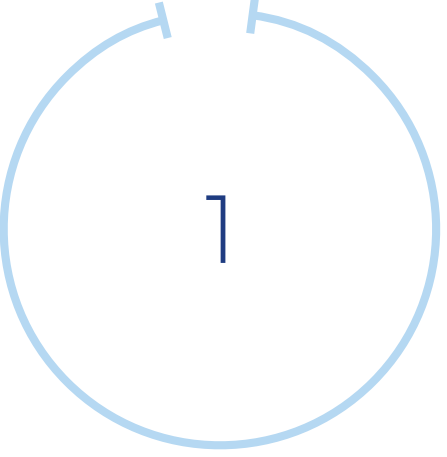
hospitals



community clinics



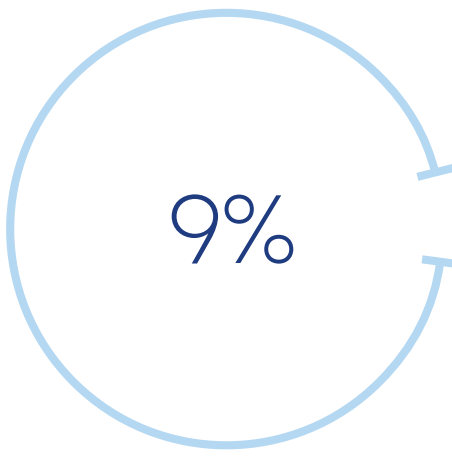
community institute



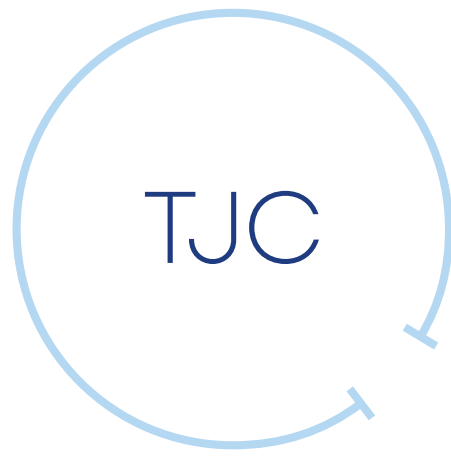
nationally renowned research institute



patients served from across the greater Chicago area



of Sinai Chicago's budget allocated to uncompensated charity care



Sinai is accredited by The Joint Commission and the Healthcare Facilities Accreditation Program





You are the “Sinai Chicago difference,” ensuring we can cast a wide safety net—and make a real difference in people’s lives.

When you donate to Sinai Chicago, your dollars make a real difference in the lives of people in the communities we serve. In fact, in fiscal year 2023, we offered nearly nine percent of our budget in uncompensated charity care—an amount that places Sinai Chicago in the top ten of hospitals nationwide that provide such care.

For patients that rely on Sinai Chicago, this means that they will receive the medical treatment, the medications, and the follow-up care they need without being hit with crippling medical bills. In today’s healthcare environment, a little philanthropic investment goes a long way toward establishing health equity for all of Chicago.

You help Sinai Chicago combat health disparities, purchase new equipment, hire the best talent, close service gaps, and treat each visitor with dignity and respect. On behalf of our patients and caregivers, thank you.

[DONATE NOW](#)

A PARTNER WITH THE JEWISH UNITED FUND IN SERVING OUR COMMUNITY



2023
ANNUAL REPORT

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