**Updated Respiratory Virus patient & visitor Guidelines**

**Masks are *Required* in patient care areas.**

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| **Guidance for Patients**  Patients experiencing symptoms of a respiratory virus (such as a new/worsening cough, fever, and/or worsening sore throat should wear a mask if you’re medically capable.  Patients should inform their medical team if they:   * Have symptoms of or have been exposed to COVID-19, influenza, or RSV. * Have tested positive for any of these infections within 10 days.   If you are medically unable to wear a mask, please inform the hospital staff immediately for alternative protective measures. | **Guidance for Visitors**   * Visitors must be 18 years of age or older. * Each patient is limited to two or fewer visitors at a time.   **Visitor Self-Monitoring for Symptoms**  Visitors should **self-monitor** for the following symptoms:   * Chills or fever (>100.4) within last 24-48 hours * Cough * Shortness of breath or difficulty breathing * Fatigue * Muscle, body aches, or headache * Sore throat * Congestion or runny nose * Nausea, vomiting, or diarrhea   **If you are experiencing any of these symptoms, please DO NOT enter the hospital.** |

If you are medically unable to wear a mask, please inform the hospital staff immediately for alternative protective measures.