**Updated Respiratory Virus patient & visitor Guidelines**

**Masks are *Required* in patient care areas.**

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| **Guidance for Patients**Patients experiencing symptoms of a respiratory virus (such as a new/worsening cough, fever, and/or worsening sore throat should wear a mask if you’re medically capable.Patients should inform their medical team if they:* Have symptoms of or have been exposed to COVID-19, influenza, or RSV.
* Have tested positive for any of these infections within 10 days.

If you are medically unable to wear a mask, please inform the hospital staff immediately for alternative protective measures. | **Guidance for Visitors** * Visitors must be 18 years of age or older.
* Each patient is limited to two or fewer visitors at a time.

**Visitor Self-Monitoring for Symptoms**Visitors should **self-monitor** for the following symptoms:* Chills or fever (>100.4) within last 24-48 hours
* Cough
* Shortness of breath or difficulty breathing
* Fatigue
* Muscle, body aches, or headache
* Sore throat
* Congestion or runny nose
* Nausea, vomiting, or diarrhea

**If you are experiencing any of these symptoms, please DO NOT enter the hospital.** |

If you are medically unable to wear a mask, please inform the hospital staff immediately for alternative protective measures.